

Messaging Chat from Support Webinar – 2<sup>nd</sup> December 2020

Dorset Open Door Service and Mental Wellbeing

00:42:49 Elizabeth Jones: I have a village hall activities question please: In the community facilities guidelines at parag 3c, it reads to me as if amateur choirs/orchestras and book clubs in tier 2 should also be only groups of the same household/support bubble. Is that correct?

00:44:09 liz.rose: A question from our local church? 'if Coffee Companions (and the informal group which the Community Church runs for vulnerable people) count as support groups in the C-19 restriction rules. Support groups are allowed to meet. If you are able to advise, I'd be grateful.'

00:44:13 Jo Keats: Yes, that is correct.

00:45:35 Jo Keats: Liz, if the people attending the group are vulnerable and need support then you can meet up to a maximum of 15.

00:46:39 Tony Mallett: Do you know if any groups have received payment of the LRS grant yet; or when payment might occur?

00:47:17 Marian Eldrett: Our hall received the LRC grant this week.

00:47:53 Elizabeth Jones: Thanks Jo :)

00:49:51 Jo Keats: Elizabeth, this link covers choirs etc  
[https://www.gov.uk/guidance/guidance-for-the-christmas-period?mc\\_cid=ec52d55bfa&mc\\_eid=fc7439b817](https://www.gov.uk/guidance/guidance-for-the-christmas-period?mc_cid=ec52d55bfa&mc_eid=fc7439b817)

00:50:43 Jo Keats: Marian, did you find the application procedure for LRC easy?

00:51:07 Marian Eldrett: Yes, just filled out a simple online form.

00:52:09 Jo Keats: Thanks Marian.

00:52:29 liz.rose: Thank you :)

00:59:21 Paul Ramsden: Hi Jo, Are Parish Council meetings allowed under tier 2?

01:06:03 Paula Bennetts: The only advice I can find NALC - are advising that meeting should still be online, unless there is a need to meet physically. If meeting physically, you would need to be in a Covid Secure building following 2m social distancing or 1m with mitigating measures (which would include face masks - which would make conversation difficult). There should be no mixing or mingling - so no coffee bar facility etc.. Hope this helps.

01:07:50 Paula Bennetts: Please do share on here any questions or work that you do to support people who are bereaved...

01:09:19 Deb: We have found that the Bereavement Centre co-op has been very useful

01:09:38 Paula Bennetts: Thank you, Deb

01:09:57 Deb: N Problem

01:10:01 liz.rose: I would use CRUSE, Sue Ryder or Sudden Bereavement but do also feel able, due to mental health background to offer support myself.

01:10:17 Paula Bennetts: Thank you, Liz

01:14:52 Deb: Get support quickly - pts needs support quickly not in 6 months time.

01:15:23 Dannie Rietiker - UCan Project: People that are digitally excluded whether that be skills or equipment or are nervous to get online to be involved

01:15:29 sharon bull: CRUSE, GP referral depending on needs. Problem is a number of recently bereaved carers do not want to bother anyone and can tend to isolate themselves. Support needed quicker than long waiting lists for any counselling/steps to wellbeing support.

01:15:42 MarieThompson: I don't have any resources. I will refer to Mosaic or Cruz. I am working with a client who lost a brother to suicide in May and lost her mum last week. The client doesn't want to be referred just wants to talk to me.

01:15:55 sharon bull: agree with online and digital issue, many carers not online so cannot access virtual services

01:16:22 Jen Churcher- Social Prescriber: Please can you all share contact details for any of these support agencies

01:16:53 Deb: I think Open Door will be great if this is where we can signpost to straight away.

01:17:31 sharon bull: BCP access to NHS/GP based Steps to wellbeing long wait list

01:18:25 Deb: S2W usually wont support someone bereaved for 6 mths unless this has changed- If they are Carers we use Leonardo Trust which are excellent

01:21:03 Deb: Dorset Open Door sounds very much needed to me. Sounds Great a one stop shop, that would be very helpful.

01:21:23 Paula Bennetts: Thank you, everyone for that feedback.

01:22:00 Paula Bennetts: Deb - Thank you, DOD should be a safe handover for people who are really vulnerable.

01:23:08 Sam Adkins - Dorset REC: [dhc.dorsetopendoor@nhs.net](mailto:dhc.dorsetopendoor@nhs.net)

01:23:25 Sam Adkins - Dorset REC: 01305 361361

01:23:27 Jo Keats: The Douch Family are really community minded.

01:24:07 Jen Churcher- Social Prescriber: The Douches are amazing, and Colin Close in Blandford do it too