

# **Lockdown3**

## **Government Guidance**

### **Update**



**Link – Guidance**

**<https://www.gov.uk/guidance/national-lockdown-stay-at-home>**





HM Government



**STAY HOME**



**PROTECT  
THE NHS**



**SAVE LIVES**

# Lockdown Summary

You must stay at home. The single most important action we can all take is to **stay at home** to protect the NHS and save lives.

- **stay at home** - you must not leave, or be outside of your home except where necessary (such as to buy food, medical reasons, exercise, go to work if you can't work from home)
- exercise with your household (or support bubble) or one other person should be limited to once per day, and you should not travel outside your local area
- do not meet others - you cannot leave your home to meet socially with anyone you do not live with or are not in a support bubble with
- schools and colleges - will remain open only for vulnerable children and the children of critical workers. Early Years settings like pre-schools and nurseries remain open
- travel - if you do leave home for a permitted reason, you should always stay local in the village, town, or part of the city where you live. You may leave your local area for a legally permitted reason, such as for work



**HANDS – SPACE - FACE**

# Clinically Extremely Vulnerable

- There is a further group of people who are defined, also on medical grounds, as [clinically extremely vulnerable](#) to coronavirus – that is, people with specific serious health conditions. Over this period, we are advising the clinically extremely vulnerable to work from home.
- If you cannot work from home, you are advised not to go to work and may be eligible for Statutory Sick Pay (SSP) or Employment Support Allowance (ESA).
- You are encouraged to stay at home as much as possible, but are encouraged to go outside for exercise.
- A letter will be sent to everybody who is clinically extremely vulnerable to set out detailed advice while the new restrictions are in place.

<https://www.gov.uk/coronavirus-shielding-support> - link to register for support



# Closure of, restrictions on, businesses

(9) A person who is responsible for a community centre or hall must ensure that the community centre or hall is closed except where it is used:

- (a) to provide essential voluntary activities or urgent public support services (including the provision of food banks or other support for the homeless or vulnerable people, blood donation sessions or support in an emergency),
- (b) for the purposes of education or training,
- (c) for the purposes of **support groups** (up to 15 people), or
- (d) for the purposes of—
  - (i) childcare provided by a person registered under Part 3 of the Childcare Act 2006, or
  - (ii) supervised activities for children



# Support Available – Dorset Council

- If you are clinically extremely vulnerable, you are advised to shield again and Dorset Council will write to you shortly.  
If you don't have family, friends or a support network that can help you get the things you need [we can help you](#).  
If you have been told to self-isolate and are on low income or benefits you may be entitled to the Government's NHS
- Test and Trace support payment. [Apply for a £500 one off self-isolation payment](#).
- Help is available if you are experiencing [financial difficulties or are feeling stressed or worried](#)
- <https://www.citizensadvice.org.uk/work/coronavirus-being-furloughed-if-you-cant-work/>



# Support Available – Businesses

- Chancellor announces one-off top up grants for retail, hospitality and leisure businesses worth up to £9,000 per property to help businesses through to the Spring
- £594 million discretionary fund also made available to support other impacted businesses
- [Job Retention Scheme](#)
  - Must be employed before 30<sup>th</sup> October
  - Open to employees not previously furloughed
  - Until April 2021
- Extension of the [Self-Employment Income Support Scheme](#)
- [Financial support if you're off work because of coronavirus](#)



## Find out what support you can get

For example, if you're out of work, need to get food, or want to take care of your mental health.

[gov.uk/coronavirus](https://gov.uk/coronavirus)

## If you have any coronavirus symptoms:

A high temperature • A new, continuous cough  
A loss of, or change to, your sense of smell or taste.

**Get a test and stay at home**

For more information and detailed guidance visit:  
**[gov.uk/coronavirus](https://gov.uk/coronavirus)**



## Struggling because of COVID-19?

If you are worried about money or work or are finding things tough right now, help and advice is available

**Call Freephone 0800 144 8848**

All advice is free, confidential and impartial



If you need support with individual finances, please contact:  
[www.moneyadviceservice.org.uk](http://www.moneyadviceservice.org.uk) - Tel. no. 0800 138 7777

Citizens Advice (Dorset) Residents	Mon-Fri 10am to 4pm	Dorset Adviceline 0800 144 88 48
Dorset Community Action VCSE Groups	Tuesday 1pm to 4pm	DCA Helpline 01202 847610



# Questions & Support

- [Dorset Digital](#)
- [Dorset Council's Business Newsletter](#)
- [Dorset Council's Support Page for Businesses and Employers](#)
- [DCA's COVID-19 Support Page](#)
- [Request a DCA Advisor](#)
- [DCA Newsletter \(for funding updates as well as latest news and events\)](#)
- [Government Guidance on Tiers](#)
- [Government Advice for businesses and self employed](#)
- [Government information on holiday and after school clubs](#)
- [Help with Digital Data Allowances to support learning](#)
- [Public Health information on vaccination services and delivery](#)
- [For volunteers and to volunteer – Volunteer Centre Dorset](#)
- [Volunteering to help with the above but in the BCP area](#)
- [Community Action Network Voluntering Hub – For BCP](#)
- [Citizens Advice](#) free advice number for Dorset: 0800 144 8848
- [www.helpandkindness.co.uk](http://www.helpandkindness.co.uk) - Local Community Support Groups
- Email your good news stories [info@dorsetcommunityaction.org.uk](mailto:info@dorsetcommunityaction.org.uk)



# Vaccinations Update



# **Phase 1 – direct prevention of mortality and supporting the NHS and social care system**

1. residents in a care home for older adults and their carers
2. all those 80 years of age and over and frontline health and social care workers
3. all those 75 years of age and over
4. all those 70 years of age and over and clinically extremely vulnerable individuals

*Target = 15<sup>th</sup> Feb – top four groups that account for 88% of COVID-19 fatalities*

5. all those 65 years of age and over
6. all individuals aged 16 years to 64 years with underlying health conditions which put them at higher risk of serious disease and mortality (including Carers)
7. all those 60 years of age and over
8. all those 55 years of age and over
9. all those 50 years of age and over



**It is estimated that taken together, these groups represent around 99% of preventable mortality from COVID-19.**

# Clinically Extremely Vulnerable

- chronic respiratory disease, including chronic obstructive pulmonary disease (COPD), cystic fibrosis and severe asthma
- chronic heart disease (and vascular disease)
- chronic kidney disease
- chronic liver disease
- chronic neurological disease including epilepsy
- Down's syndrome
- severe and profound learning disability
- diabetes
- solid organ, bone marrow and stem cell transplant recipients
- people with specific cancers
- immunosuppression due to disease or treatment
- asplenia and splenic dysfunction
- morbid obesity
- severe mental illness

**\*\* Includes Carers**



# Open Letter from Dorset CCG/NHS

## **An open letter: We need your continued help, now.**

*Keith Williams*

Dear Dorset, Bournemouth, Christchurch and Poole,

We need your continued help, now.

As set out in the Prime Minister's announcement our NHS services are under great pressure.

The new COVID-19 variant is spreading fast. We all need to play our part to stop the spread. The single most important actions we can all take now are to stay at home, protect the NHS and save lives. We are urging all Dorset residents to play their part and please stay at home. If we all follow the measures set out by the government, we will reduce transmission, and protect the most vulnerable in our communities, and our local NHS.

Please help us to help you. We all have a role to play, whether looking after our own health or accessing services wisely and safely. It's important to remember that your local pharmacists, GPs, Urgent Treatment Centres and Minor Injuries Units are still here for you if you need them. Minor Injuries Units/Urgent Treatment Centre in Weymouth, Bridport, Swanage, Shaftesbury and Wimborne can be reached direct by calling their dedicated phone number:

<https://www.dorsethealthcare.nhs.uk/miu> If you require urgent mental health support call the 24/7 Connection helpline on 0800 652 0190, or NHS 111, and you will be signposted to the right service for the support you need.

**Please continue to attend NHS services for your booked appointment or procedure unless you are notified by us. If you cannot attend because you are self-isolating or do not want to attend, please contact the number on your appointment letter.**

The health and care system in Dorset has been working extremely hard to deliver the COVID-19 vaccination programme to local people. We are delivering the vaccine in line with the national guidance which means those people who are most at risk will be invited first. The NHS will get in touch when it's your turn to be vaccinated, please don't contact us to seek a vaccine.

While the roll-out of the vaccine in Dorset is great news we must make sure all other measures are still being followed such as regularly washing hands, wearing face coverings and keeping a safe distance from people not in our household.

Stay home, protect the NHS and save lives.

Thank you for your continued support.

Signed by:

**Professor Alastair Hutchison**  
Chief Medical Director, Dorset County Hospital NHS Foundation Trust

**Nicky Lucey**  
Chief Nursing Officer and Director of Infection Prevention & Control, Dorset County Hospital NHS Foundation Trust

**Dr Forbes Watson**  
GP and Chair, NHS Dorset CCG

<https://www.dorsetccg.nhs.uk/an-open-letter-we-need-your-continued-help-now/>

We have also produced a video – The Story So Far:

<https://youtu.be/Sb0tlqpV9o0>



# Covid-19 vaccine

## The NHS will get in touch when it's your turn to be vaccinated

Find out about the roll-out at [nhs.uk/CovidVaccine](https://nhs.uk/CovidVaccine)

### **The NHS will get in touch when it's your turn to be vaccinated**

We know that there is intense interest in the vaccination process and people want to know when they will get theirs. We are asking people to please be patient and not contact their GP practice or hospital to request a vaccine. We'd be very grateful if you can share this message to help support the programme.



# Recruitment – how you can help?

- **NHS SUPPORT** - Please encourage any of your family or friends who might be interested to find out more and contact us via the below website:  
<https://joinourdorset.nhs.uk/helpstopcovid/>
- **VACCINATION MARSHALLS** - This is an exciting opportunity to join us and play your part in history by protecting the community and saving lives.  
Register your interest at:  
<https://www.can100.org/volunteer-to-help-stop-covid-19>
- **VOLUNTEERING** - If you would like to volunteer your support, or are part of a community group that would like to offer their support, you can sign up with Volunteer Centre Dorset.
  - ✓ Registering your interest? Visit [Volunteer Centre sign up individuals page](#)
  - ✓ Registering your community group? Visit [Volunteer Centre sign up community groups](#)



volunteers  
Thank You  
community  
celebrate  
HandsOn  
friends

society action service  
business volunteerism honor change compassion youth group  
communities nonprofit vibrant senior love skills program  
build service connections volunteer  
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family thanks heart prosperous difference  
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mission corporate  
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#DorsetTogether





# DCA Funding Updates

## 12<sup>th</sup> January 2021



## Local Connections Fund to launch on 5 January 2021

Book clubs, walking groups and other community projects will be able to apply for a £4 million fund designed to help reduce loneliness in the coming months.

This will be used for hundreds of small grants worth between £300 and £2,500. These investments are designed to help local organisations bring people and communities together as the country recovers from the coronavirus pandemic.

The fund will launch on 5 January 2021 and applications should be made through The National Lottery Community Fund. Applications will **close on 26 January** and the project must be completed by 31 March 2021.

## THE 29TH MAY 1961 CHARITY

General grant-making Trust offering revenue and capital grants to UK registered charities, with a particular interest in the arts and museums, conservation, employment, education and training, homelessness, leisure, offenders, social welfare and young people. Grants are made for both capital and revenue purposes

Application deadline: none – applications may be made at any time in writing.



## Thriving Communities Programme: Learning Together:

Deadline has been extended to **25<sup>th</sup> January 2021**.

Please ensure application forms are sent to [SouthWest.ThrivingCommunities@NASP.info](mailto:SouthWest.ThrivingCommunities@NASP.info) and for more details on Learning Together and to download the application form please [click here](#).

## THE VOLANT CHARITABLE TRUST COVID-19 RESPONSE FUND

Revenue grants for UK registered charities and social enterprises that are supporting vulnerable members of society and reducing social deprivation among people who have been adversely impacted by COVID-19.

Who can apply: UK registered charities, community groups, Community Interest Companies and social enterprises based and working in the UK.

This is a revenue-only grant fund that will support project and administrative costs (the Trust does not fund capital expenditure).

**There are no minimum or maximum grant levels for the Fund. Matched funding is not an essential requirement.**

Applications for consideration in October 2021 are currently open, with a **deadline of Saturday 31 July 2021**.



## National Lottery Awards for All

A quick way to apply for smaller amounts of funding between £300 and £10,000.

With the COVID-19 pandemic still with us, the Lottery will continue to support people and communities most adversely impacted by COVID-19.

They can support you to:

- continue to deliver activity - whether your community needs crisis response, recovery or business as usual activity
- change and adapt, becoming more resilient to respond to new and future challenges.

In order to support communities to thrive, they aim to:

- build strong relationships in and across communities
- improve the places and spaces that matter to communities
- help more people to reach their potential, by supporting them at the earliest possible stage.



# COVID-19 Emergency Loan Fund for UK Social Enterprises

## Accepting Applications

Emergency loans are available to support UK-based social enterprises and charities that are experiencing disruption to their normal business model as a result of coronavirus/COVID-19.

A national emergency loan fund established with an initial investment of £25 million from Big Society Capital is inviting applications from UK-based social enterprises and charities.

The fund aims to support social-sector organisations working to improve people's lives in the UK that are facing a problem because expected income and activity has been delayed or disrupted as a result of the coronavirus/COVID-19 pandemic. The fund offers emergency loans that can be used as working capital until an organisation's normal business can commence again. The loans will have no fees or interest for the first 12 months.

Eligible organisations include:

- Registered charities, Social enterprises, Community interest companies (CICs), Community benefit societies.

Organisations must also meet the following criteria:

- Be UK-based (ie trade in the UK and the loan will be used to support trading in the UK).
- Have been trading for a minimum of two years.
- Have a turnover of between £400,000 and £45 million.
- Have more than 50% of income from trading activity.
- Be able to confirm that they have been adversely affected by coronavirus/COVID-19.
- Demonstrate they have a viable business, if it weren't for the pandemic.

Loans of between £100,000 and £1.5 million are available for a term of one to five years.

**The deadline for applications is 11.59pm on 31 January 2021.**

