

The cost is £55.00 per person

Places are allocated on receipt of a **completed application** form on a 'first come, first served' basis. If you would like to attend the training day please complete the form below and send it to:

Chris White, Children & Young Peoples Integrated Services
Dolphin Centre, Poole BH15 1SA 01202 262281
Christine.w@poole.gov.uk

APPLICATION FORM

(Please complete in BLOCK capitals)

Closing Date 16th October 2009

You will receive confirmation of your booking by 2nd November 2009

Name

Job Title

Address

.....Post Code

Daytime Tel. Number

Note: if you do not want your address / telephone number given out to other participants please tick this box

Work Base

Please tick one of the following boxes:

Bournemouth YS Dorset YS Poole YS Other

Special Needs.....

Dietary requirements:

WORKSHOP CHOICES

NB Each delegate will attend one AM Workshop + one PM Workshop.

Please list four workshops in order of preference:

1st.....

2nd.....

3rd.....

4th

PAYMENT DETAILS

I would like to pay (please tick box below):

Cheque (enclosed) Cheque (to follow)

Invoice.....

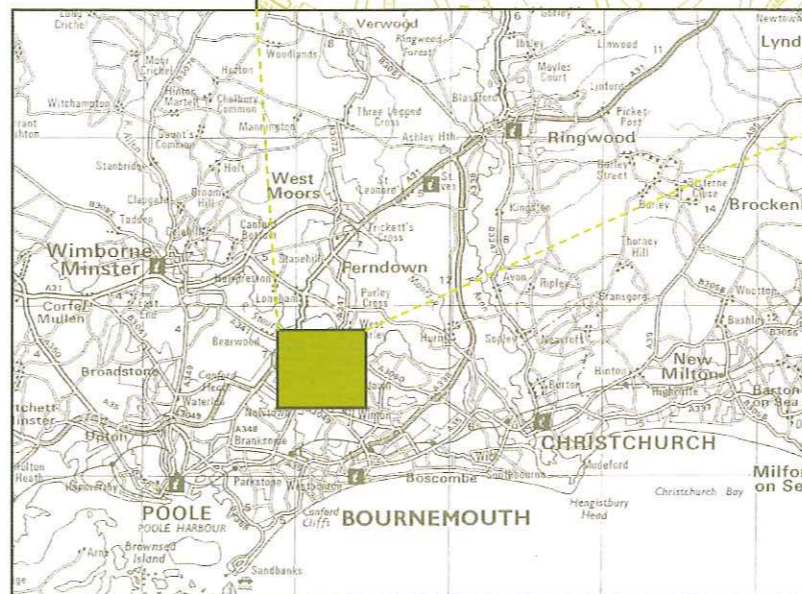
Invoice Address

Postal.....

Email.....

Cheques payable to: Borough of Poole

NB. No refunds will be given out for cancellations made after 1st November 2010



Parking at Community Centre next door

THIS TRAINING DAY IS A JOINT INITIATIVE BETWEEN:



Dealing with

EMOTIONAL HEALTH

Issues

A training day for those who work with young people

12th annual training day
Saturday 13th November 2010
9.00a.m. - 3.30p.m.
Bournemouth Learning Centre

Who is the training day for?

All those who work with young people aged 13 - 25:
Youth Workers; Education Social Workers;
Social Workers; School Nurses;
Teachers; Voluntary Organisation Staff;
Connexions PAs; Health Visitors;
Foster Carers; Other 13-25 Professionals

What are the aims of the day?

Following the success of previous 'Dealing with Emotional Health Issues' training days, this year's event will concentrate on similar key issues. It will give previous delegates an opportunity to sample new workshops, and new delegates the chance to access this proven, high quality training.

The aims are:

- To increase the knowledge and confidence of workers in specific areas of young people's emotional health issues.
- To increase awareness of existing emotional health services and how to access them.
- To provide delegates with a broad view of emotional health issues at national and local levels.
- To provide delegates an opportunity to meet and discuss issues with fellow professionals.
- To provide delegates with an opportunity to reflect on the day's training and consider any follow-up action required, including additional training.

Programme:

9.00am Coffee and Registration
9.30am Welcome & Introduction
9.45am 1st Workshop
12.15pm Lunch
1.00pm 2nd Workshop
3.30pm Finish

Venue:

Bournemouth Learning Centre (BLC)
Ensbury Avenue
Ensbury Park
Bournemouth BH10 4HG
*The Centre has full
disability access*

THE WORKSHOPS (all operate AM & PM)

A. THE EFFECTS OF SUBSTANCE MISUSE ON YOUNG PEOPLE'S EMOTIONAL HEALTH

Led by Marian Watton and Janice Clark from EDAS

This workshop aims to provide an insight into the effects that drugs and alcohol can have on the emotional health and development of young people. Delegates will explore strategies for working with young people in order to help them manage healthy emotional growth.

B. CYBER BULLYING-KEEPING YOUNG PEOPLE SAFE IN THE CYBER WORLD

Led by Rachel Dibben and Lauren Jones
Dorset Safe Schools and Communities Team

The workshop will provide delegates with knowledge about how to keep themselves and the young people they work with safe in the cyber world.

There will be a focus on the safeguarding of staff, how they can work with young people who could be leaving themselves vulnerable or who are being targeted by other users of the internet.

C. RELATIONSHIPS AND EMOTIONAL INTELLIGENCE

Led by Malcolm Haas, Director of 'Steps Together Ltd'

This workshop will look at how emotional intelligence and its development impacts on our capacity to form satisfying and sustaining relationships, and what we can do both to understand some of these problems more and find possible solutions to them.

D. WORKING WITH YOUNG PEOPLE'S ANGER AND CHALLENGING BEHAVIOUR

Led by Chris Russell Senior Educational Psychologist
for Dorset CC

Challenging behaviour from Young People often leaves adults feeling frustrated, stressed and de-skilled.

The workshop will consider why young people react in

this way and look at models that help us to understand and plan for good behaviour and ways to defuse confrontation.

E. 'THAT'S SO GAY' SEXUALITY AND EMOTIONAL HEALTH

Led by Billy Clarke Bournemouth and Poole Chlamydia Co-ordinator and Kelvin Turner OTR Sexual Health Psychologist

The workshop will use a variety of methods to look at issues for young People including:

- Sexuality and Sexual Health
- Coming Out
- The culture in schools, youth groups and the community
- Modern media

F. MOTIVATING YOUNG PEOPLE 'GETTING THEM RE-CONNECTED'

Led by Marilyn McGowan
TLE Training Associates

The experiential workshop will give participants the opportunity to reflect on a variety of creative strategies which are aimed at involving and motivating young people to make and sustain changes for their continued well being.